

Hellogoodly.ca info@hellogoodly.ca 604.256.4663





WELCOME TO GOODLY.™ We make incredibly great-tasting, wholesome food using surplus produce that would have otherwise gone to waste. Those slightly imperfect tomatoes, excess squash, oversupply of potatoes, beets and other hearty vegetables make excellent soups, stews and irresistibly nourishing meals. Try us and enjoy the beauty of Good Food!



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@GOODLYFOODS

NUTRITION FACTS VALEUR NUTRITIVE

Per 1 cup (250 mL) pour 1 tasse (250 mL)

Calories 80 %	% Daily Value ³ valeur quotidienne ³
Fat / Lipides 0 g	0%
Saturated / saturés 0 g	
+ Trans / trans 0 g	0%
Carbohydrate / Glucides 19	g g
Fibre / Fibres 3 g	11%
Sugars / Sucres 2 g	2%
Protein / Protéines 2 g	
Cholesterol / Cholestérol 0	mg
Sodium 460 mg	20%
Potassium 450 mg	10%
Calcium 20 mg	2%
Iron / Fer 1 mg	6%

^{* 5%} or less is a little, 15% or more is a lot



PRODUCT INFORMATION

Size: 500 ml Deli Container

Case: 8 500ml/case = 4 litres L 10" x W 10" x H 7"

Shelf Life: 42 days

Lovingly Made, Locally Produced

Made in Vancouver, BC

Our delicious plant-based **Purely Potato Soup** was developed by celebrated Vancouver Chef, **Karen Barnaby**.

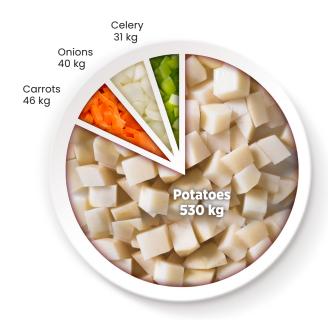
The ingredients are simple – water, potatoes, carrots, onions, celery, prepared grainy mustard (water, mustard seeds, vinegar, salt, sulphites, citric acid), salt, granulated garlic, dried parsley, dried thyme – but the flavours are classic and comforting.

The smooth texture of the cooked potatoes is satisfying on its own but the diced vegetables, combined with the dried herbs accented by a hint of grainy mustard, add another subtle layer of texture and taste.

With each of our products, every attempt is made to create as little waste as we can, using skins and seeds wherever possible.

Use within 28 days or put in freezer. Keep refrigerated, heat to serve.

SOCIAL & ENVIRONMENTAL IMPACT WITH EVERY 1,000 LITRES OF SOUP MADE





Up to **647 kg**of produce
repurposed
with **285 kg**of C02
emissions
averted



A portion of every batch made is **donated** to local food charities



Goodly provides over **80 hours** of supported, living wage employment



In addition to making exceptional food, Goodly[™] is a unique social enterprise right down to its core. We employ and pay a living wage to our workers who have barriers to traditional employment. On top of learning valuable and marketable skills and being able to support themselves and their families, they make food they are extremely proud to serve.

^{* 5%} ou moins c'est **peu**, 15% ou plus c'est **beaucoup.**